

GET MOTOVATED

The Best Motorcycle Gear & Accessory Brands

Motorcycling Sizing Chart

Adult Helmets



This can be easier having somebody to do it for you.

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Using a soft measuring tape, measure around the crown - the largest diameter around your head.

Start approx 2cm above your eyebrows, keeping the tape above your ears, and around the back of your head at the largest point.

Compare the measurement to the table below to determine which size will be best. (A) is the start point/finishing point.

CHIE ECE Standards Size Centremeters Hat Size Inches XX-Small 6 3/8 to 6 1/2 20-20 1/2 ECE 51 - 52 X-Small ECE 6 5/8 to 6 3/4 20 7/8 - 21 1/4 53 - 54 Small 6 7/8 to 7 21 5/8 to 22 ECE 55 - 56 Medium ECE 57 - 58 7 1/8 to 7 1/4 22 1/2 - 22 7/8 ECE 7 3/8 to 71/2 23 1/4 - 23 5/8 Large 59 - 60 7 5/8 to 7 3/4 X-Large ECE 61 - 62 24 - 24 3/8 7 7/8 to 8 XX-Large ECE 24 3/4 - 25 1/4 63 - 64 3XL ECE 8 1/8 to 8 1/4 25 5/8 - 26 65 - 66 Ladies / Youth Helmets Youth Small ECE 6 1/4 to 6 3/8 19¾ - 20 50 - 51 Youth Medium ECE 51 - 52 6 3/8 to 6 1/2 20 - 20 1/2 Youth MX Helmets Youth Medium ECE 50 6 1/4 19 3/4 Youth Large ECE 52 6 1/2 20 1/2 Youth XXL ECE 54 6 3/4 21 1/4

Sizing information is provided by the manufacturer and does not guarantee a perfect fit. Please use this chart as a guide only.