

## Sizing Guide

We highly recommend that the sizing and fitting process be carried out by the trained staff at an authorized POD MX dealer.

Please note that this is a guide only.

Please be aware that POD® Ligament Knee Braces are size and side specific.

Brace function will be compromised if the incorrect size and/or side is fitted.

Knee width measurements should be taken across the centre of the knee using the POD® Sizing Tool. Take measurements in a weight bearing position at full extension (i.e. with leg fully straight).

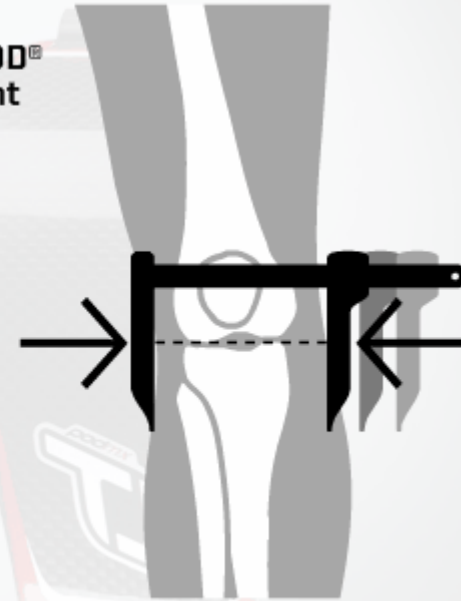
### NOTE:

Please be aware that POD ligament knee braces are size and side specific.

Knee width measurement should be taken across the centre of the knee using the POD® Sizing Tool. Take measurements in a weight bearing position at full extension (i.e. with leg fully straight).

Size	Knee Width Measurements	
Small	10.0-10.8 cm	3.93-4.25"
Medium	10.8-11.4 cm	4.25-4.48"
Large	11.4-12.0 cm	4.48-4.72"
X-Large	12.0-12.7 cm	4.72-5.00"
XX-Large*	12.7-13.4 cm	5.00-5.27"

\* K700 ONLY



**NOTE**



Please be aware that POD ligament knee braces are size and side specific